

## Warren County Public Health Nursing Agency

### Telehealth Service



With state of the art technology, a patient's health is monitored on a daily basis. A simple-to-use monitor, through voice prompts and visual cues, collects blood pressure, blood oxygen saturation, pulse and weight. The monitor also asks several health related questions. All the information is then transmitted through an existing telephone line to the agency where it is reviewed by a Registered Nurse. If the data indicates a need for intervention or if the patient fails to collect their vital signs when prompted, appropriate action is taken. The physician will also receive the patient's trend over time data by fax when necessary.

The monitoring system:

- Provides a sense of security for the patient knowing that a health professional is watching over his or her health on a regular basis.
- Catches irregularities early, before they become problems, which prevents unnecessary ER visits and hospitalizations.
- Educates, encourages and motivates individuals to take better care of themselves and lead a healthier lifestyle.