

**FAMILY GUIDANCE CENTER  
OPPORTUNITIES FOR WELLNESS  
INTENSIVE OUTPATIENT TREATMENT PROGRAM**

**ADDRESS:** 370 Memorial Parkway  
Phillipsburg, NJ 08865

**PHONE:** (908) 454-4470

**FAX:** (908) 454-5317

**WEBSITE:** [www.fgcwc.org](http://www.fgcwc.org)

**HOURS:** Monday – Friday 8:30 a.m. – 5:00 p.m.

**FEES:** Sliding fee scale

**DESCRIPTION OF SERVICES**

**Opportunities for Wellness- Intensive Outpatient (IOP) Services** - This program is designed to fill a critical gap in Warren County’s continuum of care for those with serious and persistent mental illness. The IOP meets the challenge of providing rapid access to consumers who need an intensive stabilization to assist them in the implementation of their wellness and recovery plan. IOP integrates with Crisis Services, Integrated Case Management Services, and the crisis beds program to divert consumers from hospitalization by providing time-limited services that help maintain them in the community. Group, individual and family therapy provided up to four days a week, three hours a day.