

**FAMILY GUIDANCE CENTER  
SECOND STEP YOUTH SERVICES PROGRAM at  
WARREN HILLS REGIONAL MIDDLE SCHOOL**

**ADDRESS:** Warren Hills Regional Middle School  
64-66 Carlton Avenue  
Washington, NJ 07882

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**FAX:** (908) 689-4594

**WEBSITE:** [www.fgewc.org](http://www.fgewc.org)

**HOURS:** Monday thru Thursday 8:30 a.m. – 4:00 p.m.  
Friday 8:30 a.m. – 3:00 p.m.

**FEES:** None

**DESCRIPTION OF SERVICES**

Second Step's primary intervention is the use of the evidence-based curriculum of the same name with small groups of students exhibiting deficits in social and/or academic functioning. The Second Step curriculum is a universal prevention program that is designed to reduce aggression and promote prosocial behavior. Students participate in developmental activities and group discussions aimed at increasing empathy, improving impulse control and problem solving skills, and developing greater emotion management skills. Improvement in these three areas leads to decreased levels of problematic behaviors such as substance abuse, interpersonal aggression and susceptibility to peer pressure.

Family Guidance Center staff utilizes the group-based curriculum during several class periods each week in small classes consisting of the students assessed by the district to be at greatest risk of social and academic struggle. Additional individual and small group interventions occur during lunch and after school on an as-needed basis.

**ELIGIBILITY:** 7th and 8th grade students at Warren Hills Regional Middle School who are at high risk for academic failure and social conflict.